

Instructions

1827

No 18

P. R. Triplet

Dis. 2

To Wm. Sanson

Prof. March

8th 1827

Nathaniel Chapman M.D.

Professor of the Institutions and Practice of Physic
& Clinical Practice in the University of
Pennsylvania.

And to

William E. Horner M.D.

Adjunct Professor of Anatomy in the University
of Pennsylvania

This essay is respectfully inscribed
by the writer.

Dear Sirs,

In submitting this paper to examination, I feel assured that its defects will be attributed to inexperience and ignorance of that etiquette so essential to an author.

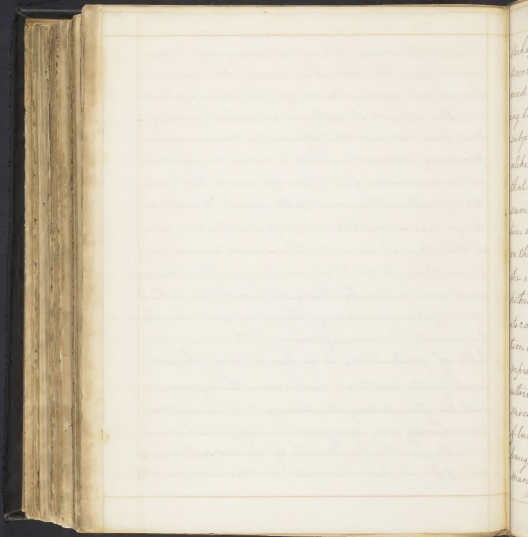
P. R. Triplet

Book 1. 1816
1817

The
for
they
they
But
Hod
to the
the o
had
at 2
at ce
and
was
to be
ible
real
not
man
more
has

The Theory of Menstruation

Though theory in many instances may be dispensed of, in the treatment of many diseases and thought not essential to an efficient successful practice; the archives of medicine abundantly testify. But this has been the offspring of Empiricism & plodding experience. There is no one so inexorable to the persuasion of truth, or opposed to the dictates of rationality, so violently, as not to acknowledge that sound theoretical principles, and correct Pathological views, are the surest beacons to light us through the Dedalion labyrinth of disease, and even aided by those, when we "take a back ward gaze on memory plain" we shall too often have to bewail the non-efficiency of the most infallible of guides. Theory being based upon physiological facts, practical deductions therefrom must be of salutary tendency, or at least, not involving any egregious misapplication of remedies, in the treatment of diseases. The maladies of females, have been treated more Empirically;



Perhaps, than any other diseases in the catalogue of
Nosology. Histories of their cure even now are tinctured
with its deciderating touch, almost inducing the unreflecting, to suppose that they are not
subject to the same laws of the animal economy,
alike in health and disease that men are, and
that their ailments are not amenable to the
same pathology, variously modified. Menstruation
ever since the dawn of the first knowledge
on the subject has attracted ~~like~~ the attention of
the wise, and the otherwise, and diversified by
hypotheses have at different times been fabricated of
its cause and phenomena. In the days of superstition
and ceremonial idolatry, when things incomprehensible
and apparently mysterious, were attributed to supernatural
agents, and the sun moon and stars worshipped as Deities,
the doctrine of lunar influence was established, and though
fraught with glaring absurdities, obtained for
many years, and was adhered to by its advocates.

[Faint, illegible handwriting in cursive script, likely a historical document or letter.]

[Faint, illegible handwriting on the right edge of the page, possibly from the adjacent page.]

with a pertinacity, that, not unfrequently characterizes the zealous and misjudging Bigot in every age. This hypothesis like most of the vague opinions of older times, has no longer a resting place in the annals of authentic history. It was attacked by the genius of Galen who soon exposed its fallacies, and razed it to its foundations, and erected on its ruins, the Doctrine of general plethra the more specious in its argument, and not so easily refuted, as the preceding one; yet it is not less foreign of the true cause. There are other Hypotheses, as Fermentation General Incalorescence which are too preposterous and weak, to merit even the slightest comment. Topical Congestion the doctrine of the celebrated bullen has yet its partisans, and no doubt will continue to have; for it is plausible and ingenious, tho it is wanting in perspicuity and devoid of consistency; and is now deservedly exploded, and in conjunction with all the preceding, is consigned to the

[Faint, illegible handwriting on a lined page, likely bleed-through from the reverse side.]

Tom
dy
hope
is th
Bale
eided
Here
room
form
it ac
differ
act,
may
acor
hum
form
limit
at q
may be
textur

Tomb of the Capulets (as a late writer has happily quoted) never to be disinterred. The present popular and received doctrine of the schools, is that of Secretion, with whom this originated I believe is not settled, the credit has been conceded generally to John Hunter, tho it is stated there are others whose pretensions are equally warrantable, as Haller, Borden and Saunders, this point I shall render to others for settlement as it accords not with the province of this paper. Suffice it to say; we believe it to be association, not pure blood elicited from its citadel by some mysterious power resident in the moon: nor to account for it rationally are we driven to the humiliating and egregious resource of chemical fermentation or lacivious propensity: nor are we limited in support of this doctrine to the ipse dixit of any one man, for we have a fabric of testimony to its maintenance of no flimsy or heterogeneous texture, while we have the conspicuous names so



[illegible]



For the stomach is not more simple than the
 uterus, and it receives the liquor nutritus in a ge-
 neral manner, and then in many places it very con-
 spicuously secretes. It therefore performs the office
 of secretion, tho' the matter elaborated, by liberal or
 other circumstances is variously modified. The uterus
 however is peculiarly fitted to all the maladies com-
 mon to the glandular apparatus, as schirrus, cancer,
 &c. It is also subject to inflammation and retarded ac-
 tion, which is the case with all glands
 When they are tumours, or their secretory ac-
 tion is retarded, as the secretory organs of the
 male, as respects the penis causes periodical
 returns of the catamenia, tho' nothing is so ge-
 neral as that we can't find that discovery by the
 edict of nature, God, and grace, the uterus an
 aptitude for conception, in other words it keeps
 open the uterus. It likes the in its secretory, that
 the membranes can be excited, and through this
 medium the circulation kept up between the



mother and father in some mode or other which is essential to its development and increment in life. The mother, however, is a virgin, not parthenogenetic, and the ovum, as was formerly supposed but is now known, is the most abundant and is recruited in place, sharing with the sperm a regulable common to the blood stream, not the most of the individual, and which is analyzed after life not results. It is not the most, would not the rate of action would not be more conducive of life than in sufficient action themselves. In a true flux would not be intercession - depletion, and the production - that then symptoms of treatment do not obtain, energy to act or must be put away - then it is by a very complicated flux. Treatment can have to apail its development, and we often find the most child and baffled in the labor it; such as the difficulties to be encountered.



Amensura

5

12

indications of the state of the menstrual action. It is followed for the sake of system the nosological arrangement in which we treat of several varieties, mostly curable, as amenorrhoea, retention of the menses, scantly, suppurative menorrhoea, or suppressed menses, this last of menorrhoea typified by painful menstruation. By the list of them I mean we would wish to be understood, as meaning a first appearance of the catamenia, or when they shall not have taken place at that period of female life which is usually anticipated; but this is a general relative signification. For what we mean is, amenorrhoea per se, a period comes, which is without the action without any customs of menstruation and, without detriment to their health, or reaction, who are in even long before the expected time. Thus, we shall bring it down as a case never to be expected, that unless the non-appearance of the catamenia



should, is done carefully. For if, I believe, long
 our attention, we should never interfere as we be-
 lieve the hemorrhage emanated at the altera-
 tion of many years, as I observed within,
 For the usual, many a time, of that
 period, treatment, desomewhat. I believe, it
 is the most judicious as well as the m-
 ost successful - consulted in a case of supposed
 emaciated menses, we should never, however
 for it, as actual disease, unless, attended by some
 of the subsequent characteristics of the disease,
 as mentioned by authors, such as, "capitulum and
 debilitas, aversion to exercise, pale, yellow comple-
 xion, edema of the feet and legs, constipation -
 dyspeptic troubles, as acidity, flatulence, belching
 of food, craving of vomit, itching hair of the head,
 loins, or back, tumid abdomen, with Hysteria
 symptoms, or palpitations, dyspnoea. This is an
 urgent state of thing and if not removed, is
 apt to result in Hydrophobia or Pulmonary apoplexy



Some of the preceding symptoms, are the best
 criteria, to conduct us to a conclusion, whether
 the flow should be checked or not, or not.
 For under those circumstances, when the ap-
 pearance is opposite to the health and comfort
 of the person. The menstrual period in the
 healthy is very much influenced, by circum-
 stances a climate. It begins early in tropical coun-
 tries, is abundant, and commences at an early period,
 even nine or ten years being copious, and of pro-
 longed duration, the cessation takes place also
 at a much earlier period of life. White in the
 injured and bleak country of Lapland, the co-
 men begins later in life, and ceases later, not com-
 mencing till twenty or twenty five. But in the
 more temperate climate of Europe or America, this
 phenomenon is generally anticipated about the
 14 or 15 year and ends about the 45 years. There
 are many deviations from this supposed term,
 which may be attributed to a slow or accelerated



advance to puberty, which is retained by pri-
 mary causes, & is easily traced out & accounted for,
 which implies, & is more the development of defi-
 nite organs; consequently every abnormality from this
 fixed cause in the life of the female, is not to be
 recognized as disease. The causes of this disease
 are diverse, but the most common are, impediment to
 development of the uterus, and its appendages, & the
 ovary, also different constitutional derangements,
 as *Hysteria*, *Spleen*, *Scrophulous*, &c. when retained or
 suppressed menses, or obstructed ovaries, disorganization,
 to establish their flow, is not within our re-
 medial competency, as it is satisfactory to know, that
 they exert an influence on the uterus, & tend
 to the production of this fluid. It is rational to
 suppose that the causes that would sufficiently
 obstruct the menses, or be established, would end
 use their retention, or prevent or prevent that action
 of the uterus, essential to their elaboration & con-
 solidation, or derangement of the *primæ viæ*, is

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65
66
67
68
69
70
71
72
73
74
75
76
77
78
79
80
81
82
83
84
85
86
87
88
89
90
91
92
93
94
95
96
97
98
99
100
101
102
103
104
105
106
107
108
109
110
111
112
113
114
115
116
117
118
119
120
121
122
123
124
125
126
127
128
129
130
131
132
133
134
135
136
137
138
139
140
141
142
143
144
145
146
147
148
149
150
151
152
153
154
155
156
157
158
159
160
161
162
163
164
165
166
167
168
169
170
171
172
173
174
175
176
177
178
179
180
181
182
183
184
185
186
187
188
189
190
191
192
193
194
195
196
197
198
199
200
201
202
203
204
205
206
207
208
209
210
211
212
213
214
215
216
217
218
219
220
221
222
223
224
225
226
227
228
229
230
231
232
233
234
235
236
237
238
239
240
241
242
243
244
245
246
247
248
249
250
251
252
253
254
255
256
257
258
259
260
261
262
263
264
265
266
267
268
269
270
271
272
273
274
275
276
277
278
279
280
281
282
283
284
285
286
287
288
289
290
291
292
293
294
295
296
297
298
299
300
301
302
303
304
305
306
307
308
309
310
311
312
313
314
315
316
317
318
319
320
321
322
323
324
325
326
327
328
329
330
331
332
333
334
335
336
337
338
339
340
341
342
343
344
345
346
347
348
349
350
351
352
353
354
355
356
357
358
359
360
361
362
363
364
365
366
367
368
369
370
371
372
373
374
375
376
377
378
379
380
381
382
383
384
385
386
387
388
389
390
391
392
393
394
395
396
397
398
399
400
401
402
403
404
405
406
407
408
409
410
411
412
413
414
415
416
417
418
419
420
421
422
423
424
425
426
427
428
429
430
431
432
433
434
435
436
437
438
439
440
441
442
443
444
445
446
447
448
449
450
451
452
453
454
455
456
457
458
459
460
461
462
463
464
465
466
467
468
469
470
471
472
473
474
475
476
477
478
479
480
481
482
483
484
485
486
487
488
489
490
491
492
493
494
495
496
497
498
499
500
501
502
503
504
505
506
507
508
509
510
511
512
513
514
515
516
517
518
519
520
521
522
523
524
525
526
527
528
529
530
531
532
533
534
535
536
537
538
539
540
541
542
543
544
545
546
547
548
549
550
551
552
553
554
555
556
557
558
559
560
561
562
563
564
565
566
567
568
569
570
571
572
573
574
575
576
577
578
579
580
581
582
583
584
585
586
587
588
589
590
591
592
593
594
595
596
597
598
599
600
601
602
603
604
605
606
607
608
609
610
611
612
613
614
615
616
617
618
619
620
621
622
623
624
625
626
627
628
629
630
631
632
633
634
635
636
637
638
639
640
641
642
643
644
645
646
647
648
649
650
651
652
653
654
655
656
657
658
659
660
661
662
663
664
665
666
667
668
669
670
671
672
673
674
675
676
677
678
679
680
681
682
683
684
685
686
687
688
689
690
691
692
693
694
695
696
697
698
699
700
701
702
703
704
705
706
707
708
709
710
711
712
713
714
715
716
717
718
719
720
721
722
723
724
725
726
727
728
729
730
731
732
733
734
735
736
737
738
739
740
741
742
743
744
745
746
747
748
749
750
751
752
753
754
755
756
757
758
759
760
761
762
763
764
765
766
767
768
769
770
771
772
773
774
775
776
777
778
779
780
781
782
783
784
785
786
787
788
789
790
791
792
793
794
795
796
797
798
799
800
801
802
803
804
805
806
807
808
809
810
811
812
813
814
815
816
817
818
819
820
821
822
823
824
825
826
827
828
829
830
831
832
833
834
835
836
837
838
839
840
841
842
843
844
845
846
847
848
849
850
851
852
853
854
855
856
857
858
859
860
861
862
863
864
865
866
867
868
869
870
871
872
873
874
875
876
877
878
879
880
881
882
883
884
885
886
887
888
889
890
891
892
893
894
895
896
897
898
899
900
901
902
903
904
905
906
907
908
909
910
911
912
913
914
915
916
917
918
919
920
921
922
923
924
925
926
927
928
929
930
931
932
933
934
935
936
937
938
939
940
941
942
943
944
945
946
947
948
949
950
951
952
953
954
955
956
957
958
959
960
961
962
963
964
965
966
967
968
969
970
971
972
973
974
975
976
977
978
979
980
981
982
983
984
985
986
987
988
989
990
991
992
993
994
995
996
997
998
999
1000

especially, and clearly this is not, if we enter the house about to be examined, and see the man with the red in the nostrils, and the face we see said in speaking, and we see that these uniform actions under this sedation, and the living the man by the negative range of the body, generally with the patient in the seat, thus like all other diseases should not be treated by name, but with due regard to the circumstances of the case, the system may be either inhibited, or stimulated, and the resulting results should direct us in the choice of our medicinal agents, whether, depletion, stimulation, or tone, as an alternation, or binding, or there are others, should be treated upon general principles with due regard to individual symptoms. The derangement of this function, denominated subphrenic in origin has by authors been divided into checked, and obstructed, the first is, when the disease acts upon the system during the flow and recede, then,

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65
66
67
68
69
70
71
72
73
74
75
76
77
78
79
80
81
82
83
84
85
86
87
88
89
90
91
92
93
94
95
96
97
98
99
100
101
102
103
104
105
106
107
108
109
110
111
112
113
114
115
116
117
118
119
120
121
122
123
124
125
126
127
128
129
130
131
132
133
134
135
136
137
138
139
140
141
142
143
144
145
146
147
148
149
150
151
152
153
154
155
156
157
158
159
160
161
162
163
164
165
166
167
168
169
170
171
172
173
174
175
176
177
178
179
180
181
182
183
184
185
186
187
188
189
190
191
192
193
194
195
196
197
198
199
200
201
202
203
204
205
206
207
208
209
210
211
212
213
214
215
216
217
218
219
220
221
222
223
224
225
226
227
228
229
230
231
232
233
234
235
236
237
238
239
240
241
242
243
244
245
246
247
248
249
250
251
252
253
254
255
256
257
258
259
260
261
262
263
264
265
266
267
268
269
270
271
272
273
274
275
276
277
278
279
280
281
282
283
284
285
286
287
288
289
290
291
292
293
294
295
296
297
298
299
300
301
302
303
304
305
306
307
308
309
310
311
312
313
314
315
316
317
318
319
320
321
322
323
324
325
326
327
328
329
330
331
332
333
334
335
336
337
338
339
340
341
342
343
344
345
346
347
348
349
350
351
352
353
354
355
356
357
358
359
360
361
362
363
364
365
366
367
368
369
370
371
372
373
374
375
376
377
378
379
380
381
382
383
384
385
386
387
388
389
390
391
392
393
394
395
396
397
398
399
400
401
402
403
404
405
406
407
408
409
410
411
412
413
414
415
416
417
418
419
420
421
422
423
424
425
426
427
428
429
430
431
432
433
434
435
436
437
438
439
440
441
442
443
444
445
446
447
448
449
450
451
452
453
454
455
456
457
458
459
460
461
462
463
464
465
466
467
468
469
470
471
472
473
474
475
476
477
478
479
480
481
482
483
484
485
486
487
488
489
490
491
492
493
494
495
496
497
498
499
500
501
502
503
504
505
506
507
508
509
510
511
512
513
514
515
516
517
518
519
520
521
522
523
524
525
526
527
528
529
530
531
532
533
534
535
536
537
538
539
540
541
542
543
544
545
546
547
548
549
550
551
552
553
554
555
556
557
558
559
560
561
562
563
564
565
566
567
568
569
570
571
572
573
574
575
576
577
578
579
580
581
582
583
584
585
586
587
588
589
590
591
592
593
594
595
596
597
598
599
600
601
602
603
604
605
606
607
608
609
610
611
612
613
614
615
616
617
618
619
620
621
622
623
624
625
626
627
628
629
630
631
632
633
634
635
636
637
638
639
640
641
642
643
644
645
646
647
648
649
650
651
652
653
654
655
656
657
658
659
660
661
662
663
664
665
666
667
668
669
670
671
672
673
674
675
676
677
678
679
680
681
682
683
684
685
686
687
688
689
690
691
692
693
694
695
696
697
698
699
700
701
702
703
704
705
706
707
708
709
710
711
712
713
714
715
716
717
718
719
720
721
722
723
724
725
726
727
728
729
730
731
732
733
734
735
736
737
738
739
740
741
742
743
744
745
746
747
748
749
750
751
752
753
754
755
756
757
758
759
760
761
762
763
764
765
766
767
768
769
770
771
772
773
774
775
776
777
778
779
780
781
782
783
784
785
786
787
788
789
790
791
792
793
794
795
796
797
798
799
800
801
802
803
804
805
806
807
808
809
810
811
812
813
814
815
816
817
818
819
820
821
822
823
824
825
826
827
828
829
830
831
832
833
834
835
836
837
838
839
840
841
842
843
844
845
846
847
848
849
850
851
852
853
854
855
856
857
858
859
860
861
862
863
864
865
866
867
868
869
870
871
872
873
874
875
876
877
878
879
880
881
882
883
884
885
886
887
888
889
890
891
892
893
894
895
896
897
898
899
900
901
902
903
904
905
906
907
908
909
910
911
912
913
914
915
916
917
918
919
920
921
922
923
924
925
926
927
928
929
930
931
932
933
934
935
936
937
938
939
940
941
942
943
944
945
946
947
948
949
950
951
952
953
954
955
956
957
958
959
960
961
962
963
964
965
966
967
968
969
970
971
972
973
974
975
976
977
978
979
980
981
982
983
984
985
986
987
988
989
990
991
992
993
994
995
996
997
998
999
1000

Blisters of the head, cold, or any thing making
 decided impression on the system, may induce
 this state of things. That motion is affected by causes
 supervening the menstrual period, disordering
 the uterine or general system. This I conceive to be an
 unsatisfactory division, as there is almost an identity
 in the treatment to be pursued. True the first requires
 less life energy generally, to produce a restoration, but
 if this cannot be effected, the same purpose is pursued
 without it, or conversely the two diseases necessarily be-
 come indistinguishable, and demand the same, viz. life.
 Amenorrhoea is often symptomatic of disease, or in-
 pregnancy, and is frequently occasioned by chronic
 affections of the Liver, lungs, Throat, &c, or functional or
 structural ~~derangement~~ ^{disorder} of the uterus, of the uterine
 apparatus, cancer, or of organized substances, which
 induce membranes. Other symptomatic of other dis-
 eases, our remedies should be first directed to the
 primary affection, and if we succeed in curing the
 idiopathic disease, the menses generally flow



Spontaneously, if a morbid secretion, be the offending cause, we should attempt its correction by the appropriate modus. — *Stomach & Intestines* 46.
 The most that we can do is, to palliate the sufferings of our patient, and strive to abate that condition we cannot alleviate. — In cases of a mixed cutaneous, we generally have at first, pain in the hands & limbs, much gastric disorder, with flatulent breath, the face, suffused, with dark half circles under the eyes, cold feet, with dry surface — constipation of the bowels, with considerable accumulation in the cavities, and if this state be not relieved, we generally have succeeding it, a more formidable enemy. — Yes, we soon are summoned, to witness the ravages of disease upon that form once perhaps the admiration of thousands, now, wrought but beautiful speckle — where can meet the roseate hue of health and killed whiteness — now presiding the horrors of death's pallid touch — and peradventure, the only and the last lingering hope, of fond and idolizing parents, about to



pass the threshold of impenetrable, intellectual must
 be their anxiety, their solicitude for their condition
 and ~~the~~ further ask how pleasurable must be the
 thought, how consoling, the reflection, of him, who
 was instrumental in rescuing an object, so ex-
 asperated, &c. &c. &c. from the relentless grasp of
 mortality — When symptoms urgent as these, no
 more unimpaired rest, no ventilation should be made
 in resorting to the Lancing, as affording the most
 successful means of relief according to the ex-
 perience of practitioners on this subject, it is worthy of
 confidence, and we receive our co-termining with
 such authority, nor we have seen it nor in their man-
 nering the influence of a ~~strong~~ reliever, against
 the pain of the liver & head, involving a state app-
 roaching that of Rheumatism-relaxing the muscles, where
 there is a much unnatural mal- & dryness —
 and in a word, bettering the condition of the patient
 so much, as to conduce to repose, and ultimately rest
 on the suppers calamities — Unfortunately for the



fair sufferers, under this affliction. We can seldom
 boast of such easy recovery. Often we have to call
 in all the auxiliary means of depletion as vomiting,
 purging, sweating, and bleeding; in all these cases,
 we should adopt this plan, wholly or in part, as cir-
 cumstances may require, before recourse is had to
 Emmenagogue. The want of attention to this one
 simple, tho' important principle, in their admin-
 istration, has been the source of multiplied errors,
 and the spring of all confusions and opinions. It is
 interesting to this class of remedies like many others
 which are used in various forms. Their action
 is not merely to evacuate the system, but to remove
 the cause of the disease, and to restore the system
 to its normal state. When these are done, often
 it is a cure of the symptoms, they were directed to
 remove. The indication is not to remove the cause,
 of disease, by any and every means, but to remove
 it, on which we can elaborate or economize the pre-
 scribed treatment, &c. so many respectable physicians



Similarly in this case, it is a very important
 fact, that we refused to have any, at least, upon
 religious grounds, we have seen in the case of
 Joseph having asked the question, it was decided
 it was not worth the standard of meeting
 and in the reception, for administration
 of the Lord's Supper, every other morning, under the
 anticipated effect is obtained, nothing for the
 purpose, which in most cases, is also, was obtained
 upon the third or fourth occasion. This teacher is
 particularly admirable, did Thomas come, we have
 often succeeded with this, and in fact, when ever
 other had, and in the hands of our reverend
 were led to this teacher, even in some circumstances
 we administered, and to several, and in an
 other, we were informed in our
 talents, that their course had a heavy, almost
 semitaneous, with the church, and in some
 of them, being previously known, they excused some
 manner, and we were consequently converted. This



induced us to try the remedy with some patients, we
 had laborious under others is not sufficient, and with
 the highest results, and we make it a point to recur
 to this remedy when all others have absolutely failed.
 Cases, as we aware that emetics have been given in
 the disease, with a view to relieve the system, or
 other relief, this is not what we wish to moderate
 in this laborious, ordinary cases may be cured by the us-
 ual remedies, but, we know there are cases that resist
 the common mode of treatment, and some obstinate
 cases, according to their state of disease we believe this
 system is the most adapted - Calomel, are given
 with a view to what we have often witnessed as the disease
 which, in Calomel, perhaps is more common than
 are allusive to some of the disease, we should
 never be over looked, & the treatment, attention to the skin
 in this, and all other diseases, as a matter of the high-
 est importance, for even much more so, we have here
 it down as an axiom, that health cannot exist to
 without a free circulation in the sublimation of the



Thus, we see, there is no affection in nature where the function
 of the surface is more implicated, than in Amnion, and
 must always be restored before that equilibrium
 can exist in the circulation, so essential to health, the
 unequal distribution of which, necessarily produces
 derangement, more or less of the whole machine.—
 Blesters are, sometimes used with decided efficacy
 in Suppression menstruum, sometimes applied to the
 extremities, on the principle of counter-irritation, & often
 to the stomach, as a local stimulant, this appears to
 be the better practice, of either we know nothing from
 actual experience.—In the administration of Emmen-
 agogues, so much discrimination and care in choice are
 required, that ~~there~~ are almost compelled to select from
 this consideration, doubling our caution to do justice
 to the subject, as well as warranted by the responsibility of
 the practitioner.—We shall mention those which are
 our experience has tested; add to those most recom-
 mended by authors: those which we have tried, or found
 useful, in combination with other articles Polypus, &c.,



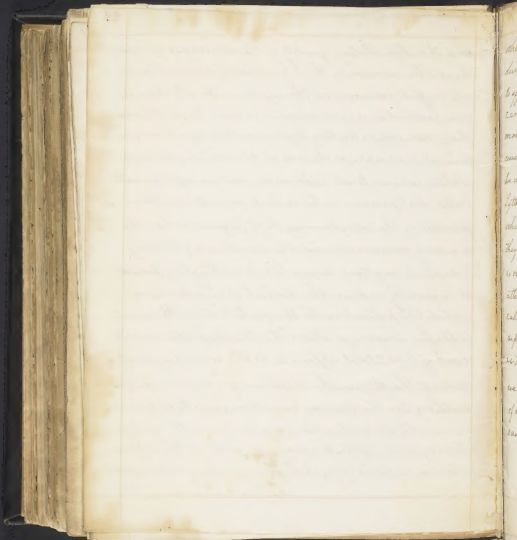
Being the most efficacious, with which we are ac-
 quainted. The subsequent formulae, we have found ex-
 ceedingly prompt & energetic in its effect. Take of Tincture
 of Tella 3ʒ, Balsam of Capivi 3ʒ, of Terebinthine 3ʒ, Com. 4. Sincere
 3ʒ, Tinct. of 3ʒ, of this a tea spoonful taken three or
 four times, in the course of the day and where there
 is debility give 30 or 40 drops 3 or 4 times a day, three
 or four times, a day with some pleasant bette-
 ing, we have found to be a sterling prescription, in der-
 some eruptions, the patient is always have the sys-
 tem at or below its healthy tone, if this precaution
 is neglected, it is worse than negative, or temporary
 amendment there is no remedy perhaps better fitted
 to cases complicated with their albus or even this
 disease chiefly from what ever cause, it may orig-
 inate can be cured by art, judicious exhibition. The
 Hygela Senega in decoction is a remedy on which
 we place much reliance, as well from the high
 opinion in which Dr Chapman has presented it, from our
 own experience. This, like Tergelater in dyspepsia, displays



its specific power lost, in some cases, when the pulse
 requires little stimulating, it should be given used ac-
 cording to the urgency of the case, intermitting its use
 in the interval, and recurring to it again about the
 menstrual period. The dose is about $\frac{z}{3}$ is more or less,
 as the circumstances may demand. There are many
 others which may be used as, *camphora*, *elctrica*,
madida, *ergot* &c. which I shall say nothing. The
 Tendency of leucorrhoea is to the lower extremities & to the
 authors, particularly J. J. Crocq, he gives it good results,
 the happiest results, in doses of 30, 40 after the syste-
 mous, many prepare it for it, excepting he prepares saying
 the mind, just, it fails then the counteraction, when
 the power, counteracting, usually resort to the bold
 "and" *peracum*. He states that the pulse requires
 more attention to obtain its good effects, than when
 the other remedies are employed. We here enter our
 acquiescence with the $\frac{z}{3}$, and state as our conclusion
 that we believe the pulse should be reduced, in propor-
 tion to the stimulus, & the remedy suppress the pulse at 70



and the stimulating quality of the remedy so the pulse should be reduced to that number, if we wish a specific effect produced on the system. On all these diseases, particular regard should be had to all the auxiliary measures, as treating hysterics, & other symptoms on general principles, as the use of Opium, Camph, or Asafetida, warm local applications, anodyne injections, with proper diet, exercise on horse back in good weather - jumping the rope, dancing &c, &c. Dysmenorrhoea, this is a very common & formidable complaint if it may take place any time during the menstruating period. It frequently induces the deepest despondency, and inflicts the patient with the greater tortures. It presents to the phreimagination "the black pictures in the book of life." Cold appears to be the most frequent cause of the disease the secretion of a membranous ^{substance} resembling the decidua, sometimes expelled from the uterus with the most violent contractions, with great pain & bearing down efforts this continues until all the extraneous substance is discharged, which comes away sometimes, many



wholly, but generally on small fibrous clots called to a point
 during the paroxysm, we can do little more than mitigate pain,
 to effect ^{the} cure give anodyne enemata, composed of Laudanum
 cam. Chor^o, also Camphor by the ^{mouth}, according to Dr. Seecus, is the
 most effectual remedy to alluage suffering. To effect a permanent
 cure, the remedies recommended in suppression, should
 be interposed between the menstrual periods. Such as Lind.
 Syll^o, Tinct. Guaiacum, &c. these will seldom fail to afford relief,
 when given under certain restrictions, above mentioned—
 they should be persevered in for months or until a cure
 is obtained. Those remedies should be aided by a strict
 attention to diet & moderate exercise; and every thing
 calculated to alter the morbid condition of the uterine
 seple. We may have occasion to resort to R^o purging,
 so this matter, should be tenaciously attended to, as
 we have before said, it often prevents the due operation
 of our remedies, and not unfrequently hastens the dis-
 ease to an unhappy issue—

P. R. Kitchell



216